



Task 5. Read the fact file below and test your understanding by taking the quiz:

(CLIL Lesson Plan -Traditional Lithuanian Dumplings Šaltanosių)

- Šaltanosių are traditional Lithuanian sweet dumplings filled with curd.
- The name means “cold noses” — a fun nickname often used for children.
- They are usually served with sour cream, sugar, or fruit jam.
- Šaltanosių are popular during weekends and childhood celebrations.
- Similar dumplings exist in other countries, like pierogi (Poland) and varenyky (Ukraine).

Quiz

Choose the correct answer

1. What is inside Šaltanosių?
 - a) Meat
 - b) Potatoes
 - c) Curd
 - d) Mushrooms
2. What does the word “Šaltanosių” mean?
 - a) Hot dumplings
 - b) Cold noses
 - c) White flour
 - d) Dumpling hats
3. When are Šaltanosių usually eaten?
 - a) Only during national holidays
 - b) In summer only
 - c) At weekends and at childhood celebrations
 - d) Only in restaurants
4. What do people usually eat Šaltanosių with?
 - a) Sour cream and jam
 - b) Butter and onions
 - c) Tomato sauce
 - d) Ketchup and mustard
5. Which of these is a similar dumpling from another country?
 - a) Gyoza (Japan)
 - b) Pierogi (Poland)
 - c) Tacos (Mexico)





d) Croissant (France)

True or False

6. Šaltanosiiai are always salty.

☐ True ☐ False

7. The name is also a nickname for children.

☐ True ☐ False

8. Halushky are similar to Šaltanosiiai.

☐ True ☐ False

- *Which part of this tradition is the most interesting to you? Why?*
- *What dumplings are popular in your family?*
- *When do you eat them?*

