



Task 8. Study the table below. It shows common defects in cabbage rolls with millet, their causes, and possible solutions. Complete the table by filling in the missing information.

(CLIL Lesson Plan – Culinary Products. Cabbage rolls with millet.)

Table: Defects in Cabbage Rolls with Millet – Causes and Solutions

Defect	Reason	Solution / Recommendation
Bitter taste of millet	High humidity or improper storage	Rinse millet with boiling water 2–3 times before cooking
Undercooked millet grains felt in texture	Not enough water during cooking	
Vegetables fell apart during cooking	Sautéed for too long	
Minced meat is dry and falling apart	Incorrect cut of meat used	

