

HANDOUT 1

Exercise 1

Read these statements and choose the scientific definition of a pretzel (*kringel*).

1. A kringel is a cookie made from shortcrust pastry.
2. A kringel is a festive open-faced pie.
3. A kringel is a sweet or savory festive bakery product made from yeast dough, usually braided in shape and decorated with various glazes.
4. A kringel is a small savory pie shaped like a pretzel.

HANDOUT 2

Exercise 2

Find out which popular bakeries operate in your country and check whether they sell kringel.

Kringel has been an essential part of festive occasions in Estonia for decades. For example, a 1930s issue of the magazine *Maret* mentions that housewives would prepare large yellow kringels or festive loaves for special occasions. The tradition of making kringel has also spread to Estonian communities abroad. For instance, in the United States, the Estonian Embassy in Washington has served kringel to local Estonians and their friends, strengthening cultural ties.

You can read more about in the following article (the article is in Estonian): [The Estonian Embassy in Washington served kringel.](#)

